



## **POSTOPERATIVE INSTRUCTIONS FOR SCLEROTHERAPY**

Immediately following your procedure, you will be placed in thigh high compression stockings that are to remain on until the following night. You may remove them at night and leave them on for 2 weeks during the day.

### **Expectations:**

On the day of your procedure your legs will have small-reddened areas where medication has been injected. On the day following your procedure your legs will appear as if nothing has been done. Be patient, within 3-6 months an average of 75% of veins injected will dissipate and fade.

### **Reminders:**

No tanning 1 month prior and 1 month following procedure.

Exercise is acceptable with stockings on, or exercise first thing in morning before donning stockings.

One must be off oral contraceptives 2 weeks prior and 2 weeks after procedure.